



Scalliwags Pre-School CIO

Promoting Health and Hygiene

Managing children who are Sick or Infectious

(Including reporting notifiable diseases)

Policy Statement

We provide care for healthy children and promote health through identifying allergies and preventing contact with the allergenic substance and through preventing cross infection of viruses and bacterial infections.

Insurance requirements for children with allergies and disabilities

- The insurance will automatically include children with any disability or allergy but certain procedures must be strictly adhered to as set out below.
- For children suffering life threatening conditions, or requiring invasive treatments; confirmation from our insurance provider will be obtained to extend the insurance.

At all times the administration of medication must be compliant with the Welfare Requirements of the Early Years Foundation Stage and follow procedures based on advice given in *Managing Medicines in Schools and Early Years Settings* (DfES 2005).

Please see Administering Medicines Policy for the procedures in place for medication

Procedures for Children Who are Sick or Infectious

- If children appear unwell during the day - have a temperature, sickness, diarrhoea or pains, particularly in the head or stomach - the parent is called and asks them to collect the child, or send a known carer to collect on their behalf.
- If a child has a temperature, they are kept cool, by removing top clothing, but kept away from draughts. The temperature is monitored using a digital thermometer.
- In extreme cases of emergency, an ambulance should be called and the parent informed.

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The Nursery Unit, Paddock Wood Community Centre, Paddock Wood, Kent, TN12 6EB

The Village Hall, Bush Road, East Peckham, Kent, TN12 5LL

Registered Charity No. 1179340

Ofsted Registration Nos. 2831937 and 2686577



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- The pre-school can refuse admittance to children who have a temperature, sickness and diarrhoea or a contagious infection or disease or who have ingested Calpol or ibuprofen or the like within 12 hours before coming to the setting.
- After diarrhoea/sickness, parents are required to keep children home for 48 hours.
- Some activities such as sand and water play may be suspended due to a recent illness of one of the children.
- The Setting has a list of excludable diseases and current exclusion times, attached to this policy.

Reporting of 'Notifiable Diseases'

- If a child or adult is diagnosed suffering from a notifiable disease under the Public Health (Infectious Diseases) Regulations 1988, the GP will report this to the Health Protection Agency.
- When the Setting becomes aware, or is formally informed of the notifiable disease, the Executive Manager informs Ofsted and acts on any advice given by the Health Protection Agency.

HIV/AIDS/Hepatitis Procedure

- HIV virus, like other viruses such as Hepatitis, (A, B and C) are spread through body fluids. Hygiene precautions for dealing with body fluids are the same for all children and adults.
- Single use vinyl gloves and aprons are worn when changing children's nappies, pants and clothing that are soiled with blood, urine, faeces or vomit.
- Protective gloves are used for bagging clothing after changing.
- Soiled clothing is double-bagged for parents to collect.
- Spills of blood, urine, faeces or vomit are cleared using mild disinfectant solution and mops; cloths are disposed of after use using double-bagging and placing in outside bin.
- Tables and other furniture, furnishings or toys affected by blood, urine, faeces or vomit are cleaned using a disinfectant.

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Nits and Head Lice

- Nits and head lice are not an excludable condition, although in exceptional cases a parent may be asked to keep the child away until the infestation has cleared.
- On identifying cases of head lice, all parents are informed and asked to treat their child and all the family if they are found to have head lice.

This policy was adopted at a meeting of		
Held on		(date)
Date to be reviewed		(date)
Signed on behalf of the management committee		
Name of signatory		
Role of signatory		



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ILLNESS

Temperature	Must be off for 24 hours after symptoms have subsided
Vomiting	Must be off for 48 hours after symptoms have subsided
Diarrhoea	Must be off for 48 hours after symptoms have subsided
Antibiotics prescribed by a doctor	Must be off for the first 24 hours and until symptoms have subsided
Conjunctivitis	Must be kept at home for 2 days, thereafter until eyes no longer weeping
Chickenpox	Must be kept at home for a minimum of 7 days or until blisters have scabbed over
Measles	Must be kept at home for a minimum of 7 days from appearance of the rash
Mumps	Must be kept at home until the swelling has subsided and in no case less than 7 days from onset
Rubella (German Measles)	Must be kept at home for at least 7 days from appearance of the rash
Fifth Disease (Slapped Cheek)	Must be kept at home until clinically well with no fever
Tonsillitis, scarlet fever and streptococcal of the throat	Must be kept at home for at least 5 days from the start of appropriate medical treatment
Impetigo	Must be kept at home until the skin is healed
Threadworm	Must be kept at home for 24 hours after treatment administered
Hand, Foot & Mouth	Must be kept at home for 5 days from the onset of symptoms
Covid-19	Children who test positive should stay away from the setting for 5 days after a positive test.

- Children must not attend the setting if they have had Calpol or Ibuprofen or similar that day. Children taking prescribed medication must be well enough to attend the setting.
- Generally, only prescribed medication is administered. It must be in-date and prescribed for the current condition.
- Children's medicines are stored in their original containers, are clearly labelled and are inaccessible to the children.
- Parents give prior written permission for the administration of medication.
- The staff receiving the medication must ask the parent to sign and complete a Medical Care Plan consent form. No medication can be given without these details being provided.
- The administration is recorded accurately each time it is given and is signed by staff and parents, to acknowledge the administration of a medicine.
- Children taking non-prescribed medication must be well enough to attend the setting.
- Non-prescribed medication will only be administered in exceptional circumstances, or for allergic reactions.
- Please check with a manager if you are at all unsure if your child should attend the setting.
- Parents/Carers must update the setting of any changes in the health and wellbeing of their child, including any hospital appointments or A&E visits.

PLEASE DO NOT LEAVE MEDICATION OF ANY KIND IN YOUR CHILD'S BAG!

Last updated 11 February 2026

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